



Principal: Carol Brown

<http://goldenhills.palermoschools.org/>

April 2010

### Message from the Principal

Warmer weather is on its way! As you put away winter clothes, and think about what to wear on hot days, please keep in mind our school dress code. Students should wear shoes that are appropriate for physical activity, such as running and jumping; no strapless shoes or flip flops. Spaghetti straps on shirts must be at least 1 inch in width. Shorts and skirts must be fingertip in length or longer. Tube tops and strapless shirts are not allowed, and tank tops with oversized arm holes are not allowed. All shirts must cover the midriff. If students come to school with inappropriate clothing or footwear, parents may be requested to bring replacement clothing. Thank you for your cooperation!

### Parent/Child Native Craft Classes

The district's Indian Education program holds **Parent/Child Native Craft Classes** every Monday from 6:00pm – 7:30pm at Healthy Start, Room 30 at Palermo School. We are currently working on basic beading – loom beaded bracelets. **Please come join us with your child/children!**

### SCNAC

(Sierra Cascade Nutrition & Activity Consortium)

April's Harvest of the month is dry beans. Dry beans such as garbanzo beans, kidney beans, pinto beans and black beans are very high in fiber which cleans the digestive tract and makes you feel fuller longer. Canned beans are an easy alternative to dry packaged beans and still very healthy. They are easy to prepare and can be used in a lot of different dishes like burritos and salads. This month's featured books are The Lima Bean Monster and Surprising Beans.

### EAGLE'S PRIDE

**The following students were caught following the Three B's...Be Respectful, Be Responsible, and Be Safe:** Vang Xiong, Tori Jacobson, Angela Frias, William Seim (twice), Rodrigo Carmona, Adrian Trejo, James Virden.

### Easy Weekend Lunch Ideas

Kids like to be part of the preparation process so make it easy and let them help. A muffin pizza on a whole-grain English muffin with tomato sauce, broccoli and shredded low fat cheese can be a great idea. Finger foods like carrot sticks, sliced cheese or nuts are always a hit.



### SPELLING BEE

Two of our Golden Hills' students went to the Butte County Spelling Bee on March 12<sup>th</sup>. **David Ford** and **Makenzie Cox** did a FANTASTIC job representing our school! Mrs. Taylor-Smith and Mrs. Brown sat in the audience and watched proudly! **WAY TO GO, DAVID AND MAKENZIE!**

### PARENT / TEACHER GROUP

The next PTG meeting will be Tuesday, April 13, 2010. We will be meeting in Room A3 at Golden Hills at 5:30 pm. Everyone is welcomed to attend! If you plan to attend and need an interpreter, please call the school in advance and we will be happy to arrange this.



### Teacher Requests

We will be accepting Teacher Requests for the 2010-2011 school year from April 6<sup>th</sup> through May 14<sup>th</sup>. Forms may be picked up in the Main Office at Golden Hills. Requests are for serious and compelling reasons.

### \*\*\*STAR TEST\*\*\*

Fourth and Fifth Grade students will be taking their state mandated tests April 26th through April 30th. It is **VERY IMPORTANT** that your child arrives to school on time! Once the tests begin, classrooms can not be interrupted. Please be sure your child is well rested and has a good breakfast! **Students who attend every day, on time, during STAR week will receive a juice bar on Friday, May 7th.**

- April 6<sup>th</sup>: Lunch Switch 12:00 – 5<sup>th</sup> grade; 12:15 – 4<sup>th</sup> Grade
- April 13<sup>th</sup>: PTG Meeting, 5:30pm, Room A3
- April 23<sup>rd</sup>: Progress Reports Go Home
- **April 26<sup>th</sup> – April 30<sup>th</sup>: STAR Testing**
- May 7<sup>th</sup>: Muffin's For Mom... **Come celebrate by having breakfast with your child at 8:00am in the Eagle's Café at Golden Hills.**

Adults: \$1.75; Children: \$1.25

**DON'T FORGET TO SHOP AT Schoolstore.com !!!**

(Be sure to select Golden Hills before you go shopping!)