

**DON'T FORGET TO
SPRING
FORWARD**

ON MARCH 14!

**Menus for
March 2010**

**Golden Hills Eagles
Nest Café**

*This institution is an equal opportunity
provider and employer.*



School Breakfast



**NATIONAL SCHOOL BREAKFAST WEEK
MARCH 8~12, 2010**

Mon., March 1	Tues, March 2	Wed., March 3	Thurs., March 4	Friday, March 5
<p>Lunch Italian Pocket Green Beans PB&J & Cheese Baby Carrots Diced Peaches Raisins</p> <p>Snack Crackers & Milk</p>	<p>Lunch Chicken Nuggets Orange Rice Pilaf PB&J & Cheese Baby Carrots Fresh Oranges Raisins</p> <p>Snack Sun Chips & Juice</p>	<p>Lunch Nachos Beans & Cheese PB&J & Cheese Veggie Sticks Fresh Bananas Raisins</p> <p>Snack Apples & Cheese</p>	<p>Lunch Deli Sandwich Turkey & Cheese PB&J Cheese Lettuce & Tomato Fresh Apples Raisins</p> <p>Snack Elf Grahams & Milk</p>	<p>Lunch Max Cheese Sticks Marinara Sauce PB&J & Cheese Baby Carrots Diced Pears Raisins</p> <p>Snack Yogurt & Scooby Snacks</p>
Mon., March 8	Tues., March 9	Wed., March 10	Thurs., March 11	Friday, March 12
<p>Lunch Beef Hot Dogs Veggie Sticks PB&J & Cheese Fresh Oranges Raisins</p> <p>Snack Juice & Baked Chips</p>	<p>Lunch Chicken Quesadilla PB&J & Cheese Baby Carrots Fruit Cup Fresh Apples Raisins</p> <p>Snack Jungle Crackers & Milk</p>	<p>Lunch Tuna Sandwich Lettuce & Pickles PB&J & Cheese Baby Carrots Fresh Bananas Raisins</p> <p>Snack Crackers & Apples</p>	<p>Lunch Beef Tacos Lettuce & Tomato PB&J & Cheese Baby Carrots Applesauce Raisins</p> <p>Snack Cheese & Crackers</p>	<p>Lunch French Bread Pizza PB&J & Cheese Green Salad Fruit Cup Raisins</p> <p>Snack Yogurt & Scooby Snacks</p>

School Breakfast Menu

"Grab & Go"

*Served Daily, Cold Cereal & Crackers,
Yogurt & Crackers, Milk, Juice, Fruit
Menus are subject to change*

Monday

Mighty Muffins

Tuesday

Souped-up Cereal

Wednesday

Fuel Up with French Toast

Thursday

Breakfast Burrito Boost

Friday

Get Up and Go with Granola & Yogurt