



Valentine's Day isn't just for sweethearts! On February 14, tell everybody who's close to you that you love them!

Monday, February 14	Tuesday, February 15	Wed., February 16	Thurs. February 17	Friday, February 18
<p>Interession Break— NO SCHOOL</p> <p>February 13th ~ 17th</p>				



EXPLORING THE SECRETS OF "MY PYRAMID"

**Q:** What is the only U.S.

state where cacao is grown for commercial chocolate production?



**A:** Hawaii is the only U.S. state where cacao can be grown commercially to make chocolate. The cacao tree requires about 80 inches of rain a year and can't tolerate temperatures below 59° F, so all the chocolate in the world comes from tropical regions. More than 35 million heart-shaped boxes of chocolate candy are sold each year for Valentine's Day.

LEARN MORE AT [WWW.KIDSHEALTH.ORG/KID/STAY\\_HEALTHY/FOOD/PYRAMID.HTML](http://WWW.KIDSHEALTH.ORG/KID/STAY_HEALTHY/FOOD/PYRAMID.HTML)

Monday, February 20	Tuesday, February 21	Wed., February 22	Thurs., February 23	Friday, February 24
<p><b>President's Day</b></p> <p><b>NO SCHOOL</b></p> 	<p><b>Lunch</b> Corn dogs Or PB&amp;J Carrots Fresh Bananas</p> <p><b>Snack</b> Milk &amp; Crackers</p>	<p><b>Lunch</b> Teriyaki Chicken Rice Bowl Veggies Shape Ups Fortune Cookies</p> <p><b>Snack</b> Yogurt &amp; Crackers</p>	<p><b>Lunch</b> Nachos Beans &amp; Cheese Or PB&amp;J Baby Carrots Shape ups</p> <p><b>Snack</b> Milk &amp; Cereal Bars</p>	<p><b>Lunch</b> Max Cheese Sticks Marinara Sauce Or PB&amp;J Baby Carrots Fresh Fruit</p> <p><b>Snack</b> Juice &amp; Seeds</p>

Monday, February 27	Tuesday, February 28	Wed., February 29
<p><b>Lunch</b> Burritos Or PB&amp;J Corn Baby Carrots Rosy Applesauce</p> <p><b>Snack</b> Juice &amp; Baked Chips</p>	<p><b>Lunch</b> Turkey &amp; Cheese Subs Lettuce &amp; Tomato Or PB&amp;J Fresh Bananas</p> <p><b>Snack</b> Milk &amp; Crackers</p>	<p><b>Lunch</b> Beef Gravy Mashed Potatoes Or PB&amp;J Baby Carrots Fresh Fruit Rolls</p> <p><b>Snack</b> Milk &amp; Crackers</p>

